



Junior Development Tennis Program

What is QuickStart and 10 & Under Tennis?

*Tennis continues to evolve – just like any other sport. With equipment and courts tailored to suit their needs and abilities, kids will feel more confident as soon as they pick up a racquet. Using the **QuickStart Tennis** format allows kids to rally back and forth over the net right away and enjoy the game from the start. You'd never send your 8-year-old out with adult-sized equipment to a full-sized basketball court or baseball field – So why do that on a tennis court?*



PEE WEE TENNIS – QUICKSTART 5-6

Hand-eye coordination couldn't be any more fun. These classes – designed for players ages **3-4 and 5-6** – are played on a racquet ball court (Pee Wee) or shorter tennis court (QS 5-6) with shorter racquets, softer balls and starter nets. The focus is on developing racket and ball handling; throwing, catching, making a simple swing, copying, listening, learning with the emphasis on **HAVING FUN**.



QUICKSTART 7-8

This class is designed for children ages **7 and 8** played on smaller courts and with shorter rackets and softer balls. The focus is on racquet control being able to make forehand, backhand, and service motions while still copying, listening, learning and **ABOVE ALL – HAVING FUN**. What a better way to introduce the sport of a lifetime than by increasing the opportunity to rally back n' forth. Lots of exercise, lots of new friends, lots of **FUN**.



QUICKSTART 9-10

More and more rallies and points being played. This class – children ages **9 and 10** – are played on 60' courts with bigger racquets and balls with the focus remaining on racquet control, but more attention gets turned to understanding the spaces on the court and still copying, listening, learning and **FUN**.



**If you have any questions about the
Junior Tennis Program, please contact:**

Russ Wyatt – Junior Coordinator
Rwyatt@forecourtri.com

11-AND-UP - [Yellow Ball]



These classes are designed for all levels – beginners – advanced beginners – and low intermediates ages **11 to 15**. The major focus of these classes is to both introduce tennis to all ages and based on previous tennis experience, improve upon the tennis skills to have the player join in the Ladder Program or eventually in the Elite Program. Learn all about tennis in a **FUN** environment.

11-and-Up – Beginners – Advanced Beginners - and Low Intermediates (advancement is with instructor's recommendation).

MAKE-UP POLICY

One (1) make-up is allowed. A 24-Hour notice must be given to your program coordinator (Russ Wyatt – Adult & Junior Coordinator). Please state your name and the day, date, and time of the program you will miss. If you are ill on the day of the program, please call and let us know. In most cases, we will offer a make-up provided the maximum is not exceeded.

Absence without notice does not constitute a make-up.

To redeem a make-up, you may call to find out if there is any availability in another class / program. You may also be issued a court credit – for the clinic / program missed that can be used for open court time or as partial payment for a private lesson (only one court credit per private lesson). If a clinic / program is cancelled by Fore Court for any reason, we will either extend the date of the clinic or offer a court credit accordingly.



Junior Development – Higher Learning Program

LADDER 1

The Ladder 1 Program is for those players who have a sound foundation of the tennis basics and are ready to put those basics into game situations. This player wants point play so to help find a consistent strike zone for their groundstrokes. In this program, they will start to be familiar with basic court positions for singles.

QUALIFICATIONS:

The player must be able to keep score, sustain an occasional rally, be able to serve the ball into play and has the recommendation from previous instructor.

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Russ Wyatt – Junior Coordinator
Rwyatt@forecourtri.com
401-333-4480

LADDER 2

The Ladder 2 Program is for those players who continue to love the game of tennis and wish to develop their tennis skills and become more competitive – say for middle school tennis or higher competition. This player is learning to judge where the ball is going when receiving the ball – although movement and recovery are not in sync. He / She can sustain a rally of slow pace with players of similar ability and is beginning to develop strokes as well as directional intent. In Ladder 2, additional court positioning for singles and doubles will be introduced. This player is ready to play in some leagues and low-level tournaments.

QUALIFICATIONS:

Success in the Ladder 1 Program and / or permission of the instructor.

LADDER 3

The Ladder 3 Program is for those players who have become fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes --- YET. In Ladder 3, the player will develop a better understanding of directional intent and orchestrating a point. More emphasis will be placed on volley and net-play. This player is ready for higher level leagues and tournaments.

QUALIFICATIONS:

Success in the Ladder 2 Program and / or permission of the instructor.

ELITE TENNIS PROGRAM

The Elite Tennis Program will be **overseen by Sedge Gray – Head Pro.**

The player enrolled in this program has a desire to play high school tennis and has achieved improved stroke dependability with directional control on moderate shots. They also have an understanding of overheads, approach shots. The Elite Program is the program where it begins to be about what skills a player brings – in both singles and doubles scenarios with more emphasis on singles. More concentration will be placed on constructing and executing a point and / or developing a game plan.

QUALIFICATIONS:

Success in the Ladder 3 Program and / or permission of the instructor.

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 www.forecourtri.com 

